



# Press

# Release



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**For Immediate Release**

**June 17, 2022**

## **LiveWell Initiative to Get Back to Cooking**

Wichita Falls, Texas – LiveWell Wichita County, the local initiative to bridge the gap between health and the community, is happy to announce a new Cooking Class at the Wichita Falls-Wichita County Public Health District on June 23<sup>rd</sup>, 2022 at 12pm.

The recipe will be Bean Chalupas. This event is open to the public, but there is limited seating and spots must be reserved by June 22<sup>nd</sup>.

The LiveWell program exemplifies one of the goals detailed in the Community Health Improvement Plan to create a culture in the community that supports and encourages healthy behaviors.

The cooking classes show commitment to the plan by helping the community live healthier and more productive lives through food education and demonstration.

Click [here](#) to sign up.

If you have specific questions about the program, please call Jelecia Miller at 761-7698.

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